Policies and Practices to Protect the Privacy of Your Health Information HIPPA and CONFIDENTILITY INFORMATION THIS NOTICE DESCRIBES HOW PSYCHOLOGICAL AND MEDICAL INFORMATI ON ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

I. Uses and Disclosures for Treatment, Payment, and Health Care Operations

Effective/Last Revised Date: June 15, 2008

Consultation and Counseling is required by federal law to protect the privacy of your heal th information in the context of your mental health and substance abuse health care admin istered by this agency. We are also required to send you this notice, which explains how we may use information about you and when we can give out or "disclose" that informati on to others. You also have rights regarding your health information that are described in this notice.

The terms "information" or "health information" in this notice include any personal infor mation that is created or received by a health care provider that relates to your physical or mental health or condition, the provision of health care to you, or the payment for such h ealth care.

We have the right to change our privacy practices. If we do, we will provide the revised notice to you within 60 days by direct mail or post it in our agency office or on the websit e.

We may use or disclose your protected health information (PHI), for treatment, payment, and health care operations purposes with your consent. To help clarify these terms, here a re some definitions:

"PHI" refers to information in your health record that could identify you.

"Treatment, Payment and Health Care Operations"

— Treatment is when we provide, coordinate or manage your health care and other servic es related to your health care. An example of treatment would be when we consult with a nother health care provider, such as your family physician or another Therapist. Another e xample would be when we release your treatment plan to your insurance company and/ or to your primary care physician.

— Payment is when we obtain reimbursement for your healthcare. Examples of payment are when we disclose your PHI to your health insurer to obtain reimbursement for your h ealth care or to determine eligibility or coverage.

— Health Care Operations are activities that relate to the performance and operation of m y practice. Examples of health care operations are quality assessment and improvement a ctivities, business-

related matters such as audits and administrative services, and case management and care coordination.

•Use" applies only to activities within our [office, clinic, practice group, etc.] such as sharing, employing, applying, utilizing, examining, and analyzing information that ide

ntifies you.

• "Disclosure" applies to activities outside of our [office, clinic, practice group, etc.], such as releasing, transferring, or providing access to information about you to other parties.

II. Uses and Disclosures Requiring Authorization

HOW WE USE OR DISCLOSE INFORMATION

We must use and disclose your health information to provide information: •

To you or someone who has the legal right to act for you (your personal representative);

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To the Secretary of the U.S. Department of Health and Human Services, if necessary, to e nsure that your privacy is protected; and • Where required by law.

We may use or disclose PHI for purposes outside of treatment, payment, or health care op erations when your appropriate authorization is obtained. An "authorization" is written pe rmission above and beyond the general consent that permits only specific disclosures. In t hose instances when we asked for information for purposes outside of treatment, payment or health care operations, we will obtain an authorization from you before releasing this i nformation. We will also need to obtain an authorization before releasing your Psychother apy Notes. "Psychotherapy Notes" are notes we have made about your conversation durin g a private, group, joint, or family counseling session, which we have kept separate from the rest of your medical record. These notes are given a greater degree of protection than PHI.

You may revoke all such authorizations (of PHI or Psychotherapy Notes) at any time, provided each revocation is in writing. You may not revoke an authorization to the extent that t(1) we have relied on that authorization; or (2) if the authorization was obtained as a condition of obtaining insurance coverage, law provides the insurer the right to contest the cl aim under the policy.

III. Uses and Disclosures with Neither Consent nor Authorization We have the right to use and disclose health information to pay for your health care and operate our busines s. For example, we may use your health information: • To process

s. For example, we may use your nearly monitorination. • To pro

claims for health care services you receive. • For Treatment.

We may disclose health information to your doctors or hospitals to help them provide me dical care to you. • For Health Care Operations.

We may use or disclose health information as necessary to operate and manage our busi ness and to help manage your health care coverage.

For example, we might talk to your doctor to suggest a disease management or wellness p rogram that could help improve your general health. \bullet

To Provide Information on Health Related Programs or Products

such as alternative medical treatments and programs or about health related products and services. • To Referral Sources.

If you are referred through another agency such as your Primary Care Physician, Juvenile Court, DFCS, Psychiatric Hospital, CMHC, etc., we may share summary information an d admission and discharge information with the referral source. In addition, we may shar e other health information with the referral source for case management purposes if the re ferral source agrees to special restriction on its use and disclosure of the information.

For Appointment Reminders.

We may use health information to contact you for appointment reminders with providers who provide medical or mental health care to you. We may use or disclose PHI without your consent

or authorization in the following circumstances under limited circumstances: • To Persons Involved With Your Care.

We may use or disclose your health information to a person involved in your care, such as a family member, when you are incapacitated or in an emergency, or when permitted by l

aw. • For Public Health Activities such as reporting disease outbreaks. •

For Reporting Victims of Abuse, Neglect or Domestic Violence

to government authorities, including social service or protective service agencies. If we h ave reasonable cause to believe that a child has been abused, we must report that belief to the appropriate authority. If we have reasonable cause to believe that a disabled adult or elder person has had a physical injury or injuries inflicted upon such disabled adult or eld er person, other than by accidental means, or has been neglected or exploited, we must report that belief to the appropriate authority.

• For Health Oversight Activities

such as governmental audits and fraud and abuse investigations. If we are the subject of a n inquiry by the Georgia Composite Board, we

may be required to disclose protected health information regarding you in proceedings be fore the Board. • For Judicial or Administrative Proceedings

such as in response to a court order, search warrant or subpoena. If you arc involved in a court proceeding and a request is

made about the professional services we provided you or the records thereof, such inform ation is privileged under state law, and we will not release information without your written consent, subpoena or a court order. The privilege does not apply when you are bei ng evaluated for a third party or where the evaluation is court ordered. You will be informed in advance if this is the case. • For Law Enforcement Purposes

such as providing limited information to locate a missing person.

Serious Threat to Health or Safety.

If we determine, or pursuant to the standards of my profession should determine, that you present a serious danger of violence to

yourself or another, we may disclose information in order to provide protection against su ch danger for you or the intended victim. • For Specialized Government Functions such as military and veteran activities, national security and intelligence activities, and th e protective services for the President and others. • For Workers Compensation including disclosures required by state workers compensation laws relating to job-related injuries. We may disclose protected health

information regarding you as authorized by and to the extent necessary to comply with la ws relating to worker's compensation or other similar programs, established by law,

that provide benefits for workrelated injuries or illness without regard to fault. • For Research Purposes

such as research related to the prevention of disease or disability, if the research study me

ets all privacy law requirements. • To Provide Information regarding Decedents.

We may disclose information to a coroner or medical examiner to identify a deceased per son, determine a cause of death,

or as authorized by law. We may also disclose information to funeral directors as necessary to carry out their duties. • For Organ Procurement Purposes.

We may use or disclose information for procurement, banking or transplantation of organs, eyes or tissue.

If a use or disclosure of health information is prohibited or materially limited by other ap plicable law, it is our intent to meet the requirements of the more stringent law.

If none of the above reasons applies,

then we will obtain your written authorization to use or disclose your health information.

If a use or disclosure of health information is prohibited or materially limited by other ap plicable law, it is our intent to meet the requirements of the more stringent law. In some s tates, your authorization may also be required for disclosure of your health information. I n many states, your authorization may be required in order for us to disclose your highly confidential health information, as described below. Once you have given us

authorization to release your health information, we cannot guarantee that the person to w hom the information is provided will not disclose the information. You may take back or "revoke" your written authorization, except if we have already acted based upon your aut horization. To revoke an authorization, contact the phone number listed below on this not ice. HIGHLY CONFIDENTIAL INFORMATION

Federal and applicable state laws may require special privacy protections for highly confidential information about you. "Highly confidential information" may include confidential information under Federal law governing alcohol and drug abuse information as well a s state laws that often protect the following types of information: 1. HIV/AIDS; 2.

Mental health; 3. Genetic tests; 4. Alcohol and drug abuse; 5.

Sexually transmitted diseases and reproductive health information; and 6.

Child or adult abuse or neglect, including sexual assault. IV.

Patient's Rights and Therapist's Duties Patient's Rights: • Right to Request Restrictions

— You have the right to request restrictions on certain uses and disclosures of protected health information. However, we are not required to agree to a restriction you request. • Right to Receive Confidential Communications by Alternative Means and at Alternative Locations

— You have the right to request and receive confidential communications of PHI by alternative means and at alternative locations. (For example, you may not want a f amily member to know that you are seeing therapists. On your request, we will send your bills to another address.) • Right to Inspect and Copy

— You have the right to inspect or obtain a copy (or both) of PHI in your mental health a nd billing records used to make decisions about you for as long as the PHI is maintained in the record. We may deny your access to PHI under certain cir

cumstances, but in some cases you may have this decision reviewed. On your request, we will discuss

with you the details of the request and denial process. Your therapist may also deny acces s to your Psychotherapy Notes. • Right to Amend

You have the right to request an amendment of PHI for as long as the PHI is maintaine d in the record. We may deny your request. On your request, we will discuss with you the details of the amendment process.
Right to an Accounting

— You generally have the right to receive an accounting of disclosures of PHI. On your r equest, we will discuss with you the details of the accounting process. • Right to a Paper Copy

— You have the right to obtain a paper copy of the notice from us upon request, even if y ou have agreed to receive the notice electronically. Therapist's Duties: •

We are required by law to maintain the privacy of PHI and to provide you with a notice o f my legal duties and privacy practices with respect to PHI.

We reserve the right to change the privacy policies and practices described in this notice. Unless we notify you of such changes, however, we are required to abide by the terms currently in effect. •

If we revise these policies and procedures, we will notify you by mail or on your next ses sion. You may obtain a copy of this notice at the local office or website. V. Complaints • Contacting

If you have any questions about this notice or want to exercise any of your rights, please call 8454734939.

Please specify that your question or concern is in reference to your mental health and/ or substance abuse protected health information. • Filing a Complaint.

If you believe your privacy rights have been violated, you may file a complaint with us at the following address: Compliance Department – Privacy Complaints

200 Independence Ave. SW Washington, D.C. 20201

You may also notify the Secretary of the U.S. Department of Health and Human Services of your complaint at 800 3681019.

We will not take any adverse action against you for filing a complaint.

VI. Cancellation Policy

In the Event of an emergency, you will not be charged for session cancellation. Cancellati ons for any other reasons that are not received by clinic staff at least 24 hours prior to the scheduled

session will be billed at the session rate. Your insurance company will not pay for missed appointments. VII. Financial Responsibility

will assist you in completin

g and filing any insurance forms, which may be utilized for payments for services; howev er, you

maintain full responsibility for paying all charges for services rendered. You will need to

provide all required insurance information when checking in for services and you will ne ed to update

any changed insurance information immediately upon the date of change. All co-

payments and unsatisfied deductibles are to be paid at the time of services rendered. does accept payment by cash or check.

VIII. Effective Date, Restrictions, and Changes to Privacy Policy

This notice will go into effect on October 1, 2006. We reserve the right to change the ter ms of this notice and to make the new notice provisions effective for all PHI that we main tain. IX. Patient's Consent

I consent for my therapist to disclose my protected health information (PHI) as required b y my insurance company. Furthermore, if my insurance company requires coordination of care with

my Primary Care Provider (PCP), I consent for my therapist to disclose my protected heal th information to my PCP. I have read this statement of.'s practices and policies and I bot h understand and approve of its content.

Printed Name of Client

Signature of Client

Witness